#### AMENDMENTS

### **Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in this application.

### <u>Listing of Claims:</u>

Claims 1-10 (Canceled).

11. (Currently amended) A method of treating obesity in a human, the method comprising:

# identifying an obese human;

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

wherein the Ginko extract is effective in promoting muscle mass to the detriment of fatty mass in the human, thereby treating obesity.

12. (Currently amended) A method of effecting weight-gain in a human in need of gaining weight, the method comprising:

# identifying a human in need of gaining weight;

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

wherein the effective amount of the Ginko extract promotes a gain in muscle mass to the detriment of fatty mass in the human, thereby causing the warm-blooded animal to gain weight.

13. (New) A method of promoting a gain in lean muscle mass in a human, the method comprising:

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

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wherein the effective amount of the Ginko extract promotes a gain in lean muscle mass in the human.

- 14. (New) The method of claim 11, further comprising identifying an obese human before administering the Ginkgo extract to the human.
- 15. (New) The method of claim 12, further comprising identifying a human in need of gaining weight before administering the Ginkgo extract to the human.
- 16. (New) The method of claim 13, further comprising identifying a human in need of gaining lean muscle mass before administering the Ginkgo extract to the human.